



Tuesday, September 10th, 2024
 1:00-2:00 p.m.
Virtual

Facilitator: April Anderson

Recorder: Laura Reutlinger

Invitees: Jayne Harris, Ecumenical Food Pantry; April Anderson, Monroe County UW-Extension; Theresa Rogalla, Couleecap; WIC RDN/Fit Families Coach; Jesse Bender, Tomah Schools; Rob Prestwood, Sparta Schools; Doug Staller, Neighbor for Neighbor Food Pantry; Tori Erickson, Mayo Clinic Health System; Patti Abbott, ADRC; Whitney Sanjari/Shayla Furlano, Tomah Health; Matthew Grover, Hunger Relief Federation; Emily Murwin, Second Harvest; Heidi Prestwood, Sparta Chamber of Commerce/Kiwanis; Laura Reutlinger, MCHD; Dan Barron, Community Health Solutions-Viroqua; Paige Zimmerman, WIC Nutritionist; Bryanna Hoff, WIC Manager & Nutritionist; Pandora Flores, HeartCorp Program

Attendees: April Anderson, Laura Reutlinger, Patti Abbott, Paige Zimmerman, Whitney Sanjari

Item	Presenter	Information
Introductions /Icebreaker	April	Icebreaker: What’s your favorite kind of apple?
Minutes	April	Review and approve- approved
Goals, Objectives & Strategies	All	<ul style="list-style-type: none"> -Organization Updates (15 minutes) -National Fruits & Vegetables Bingo Challenge update <ul style="list-style-type: none"> • Bingo cards are available for download. Please share within your networks • Prizes- Whitney can provide Tomah Bucks (6 - \$25 each), First Aid kits (3) from Tomah Health -Beans resource handout update <ul style="list-style-type: none"> • Whitney is working on final edits -Apple Crunch: Oct 10th https://healthyliving.extension.wisc.edu/events/apple-crunch/ Social Media/Newsletter Toolkit examples: https://docs.google.com/document/d/1N7HV06tx-o00M1mPrOAX_TNOAIcoTLHBoHt_ionF38/edit?usp=sharing -September is National Food Safety Education Month <ul style="list-style-type: none"> -Toolkit: https://www.fightbac.org/wp-content/uploads/2024/08/NFSEM-2024-Idea-Generator.pdf -Upcoming activities/events <ul style="list-style-type: none"> • Healthy Aging Expo on October 3rd from 9-12 at Cranberry Lodge in Tomah • Sparta Fall Fest on October 12th from 8am-3pm -Other things to share, new ideas, etc.

		<ul style="list-style-type: none"> Family cooking resources on the Chop Chop Family website: https://www.chopchopfamily.org/ Food preservation workshop – idea brought up by members at local Home and Community Education Group. April and Whitney will be coordinating. If interested in joining, reach out to either. <p>-Items for next agenda</p> <ul style="list-style-type: none"> Bingo challenge update Beans resource handout update Review of NC strategic plan – where are we at with the goals we set for this year?
	Laura	Health Department
	Patti	ADRC <ul style="list-style-type: none"> Wilton meal site is closed due to low usage Full staffed! New drivers hired in Sparta and Tomah
	Paige/ Bryanna	WIC and Fit Families <ul style="list-style-type: none"> Paige attended Sparta Farmers’ Market in August. Healthy snack demo with kids. Education on including kids in the kitchen. Fit Families training/educational day for staff in Wausau at end of September. Paige will be on maternity leave starting in November
	Heidi	Sparta Chamber and Kiwanis
	Whitney & Shayla	Tomah Health <ul style="list-style-type: none"> Cooking classes have started (Knife Skills). Both classes this week are full. Next class in the series will be on pantry staples (working on schedule, probably November). Wilderness First Aid class – Oct 26 and 28 - \$20 fee. Registration is open.
	Tori	Mayo Clinic
	Rob	Sparta School District
	Jesse	Tomah School District
	Jayne & Theresa	Ecumenical & CouleeCap
	April	UW-Extension <ul style="list-style-type: none"> Tai Chi class starting Sept 24 at Barney Center Tomah Strong Bodies fall session started yesterday, goes through Nov 20. Virtual class will be ending next week Nutrition lessons at Lemonwire elementary in Tomah Reaching out to NOW elementary for fall sessions Sparta Farmers’ Market in August with Safe Community Coalition

	Emily	Second Harvest & HungerCare Coalition
	Dan	Community Hunger Solutions
	Pandora	HeartCorp Program- Cashton Scenic Bluffs
	Monroe County Community Health Organization	
Next Meeting		Tuesday October 8 th 1-2 Virtual