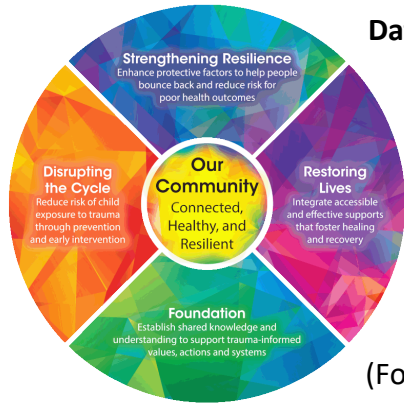


Monroe County RTIC Meeting Minutes:



Date: Thursday, October 24th, 2024

Time: 8:30 am

Location: [Zoom](#)

Facilitator: Eryn Leahy

Recorder: Eryn Leahy

Attendees: Eryn Leahy (MCHD), Liz Evans (GR United Way), Jesana Denter-Eckelberg (Tomah SD), Terry Rogalla (Fort McCoy), April Anderson (UW Extension), Carole Ewald (Tomah VA), Lindsey Purl (GR HUB), Sierra Phillips (Tomah VA), Vicki Riley (Human Services), Jennifer Roberts (GR HUB)

Agenda Topic:	Desired Outcome:	Information:
Introductions and Updates	Learn who is here today and share updates	<p>Name and Organization:</p> <ul style="list-style-type: none"> • Didn't end up applying for CTTC funding, maybe in the future. • United Way AHW grant support for expanding RTIC effort. • 988 bill passed last week: geo-locating calls now required (of tower). • Local trauma-informed efforts and training going well – more proactive. Seeing some systemic change in caring for employees (nursing staff shortage). • Vicki training Human Services staff today on communication and breaking down barriers between units with different views and policies.
Lunch and learn planning updates	Check in on our plan for upcoming lunch and learn sessions	<ul style="list-style-type: none"> • November session: Terry has slides and will be presenting by himself. Ask for help if needed. • December session: April to do news release at end of November. Sierra and April presenting. Please share any resources you'd like included. • Importance of this conversation and the outside pressures during this season. "Boundaries require nothing of other people. If you set one and others don't follow, your response is key. That's part of your boundary setting and planning too." • Future topics: S.A.D., boundaries and support, financial stress, more at next meeting.

Update on Tomah Health training request	See where we're at with Tomah Health training request: ACEs and resilience education	<ul style="list-style-type: none"> Eryn responded to email chain and haven't received response yet. Great Rivers HUB has capacity to do this larger training. Lindsey asked for warm handoff to contact organization and work to set training up soon.
Community of Practice/ Champion Framework	Continue discussion on how to increase involvement and building our community of champions	<ul style="list-style-type: none"> Eryn created Facebook post and image to post on website – received edits from group. Create call to action on post – link to survey, which will identify next steps. "I'm reaching out because: I'm interested in joining, I want to volunteer, I want to learn more..." "If you have questions about becoming a champion or would like to know more about this effort, please drop us a note using this form and we'll get in touch with you soon." Add "Champion Training" to RTIC website – similar to regional website. Contact Lindsey Purl.
Upcoming Events/ Opportunities	Share any events, observances, or learning opportunities.	<p>October 26: Drug take back day at Sparta Mayo 10 am – 1pm</p> <p>October 26: Harvesting Our Authentic Selves at Mueller Square 2-5 p.m.</p> <p>November is Transgender awareness month: November 20th Transgender day of remembrance vigil at 11:30 a.m. at Tomah VA</p>
Review and Closing	Review next steps for group members & develop next agenda.	<p>Next Steps:</p> <ul style="list-style-type: none"> -Eryn to build survey for champion interest -Eryn to update RTIC website to include Champion training -Eryn to make warm handoff between Tomah Health and Lindsey to coordinate training -Eryn to cancel November and December links. -Liz to create Teams link for December meeting. <p>Next Meeting Agenda:</p> <ul style="list-style-type: none"> -Updates from HUB and Tomah Health training. -Recap of lunch and learns for 2024. -Lunch and learn ideas for 2025 and set tentative dates. -Continue discussion on champion work.

Next meeting: Thursday, December 12th at 8:30 a.m. via [Teams](#)

<p>Parking lot items:</p> <p>Topics we want to educate on:</p> <ul style="list-style-type: none"> Self-care and coping strategies Community prevention focus How to care for yourself to avoid crisis 	<ul style="list-style-type: none"> Where to get help when you need it "Normal anxiety" and how diagnoses work Grief education to general public Burnout Postvention after OD deaths and suicides
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