

Monroe County Health Department

Serving the Community since 1921

315 West Oak Street · Sparta, WI 54656 · (608) 269-8666 · Fax (608) 269-8872

FOR IMMEDIATE RELEASE September 20, 2024 Contact: Tiffany Giesler, RN, Director/Health Officer

Community Flu Vaccine Clinics

Influenza (flu) is a potentially serious disease that can lead to hospitalization and sometimes even death. Influenza vaccines, or flu shots, protect against the influenza viruses that are likely to cause disease in the upcoming flu season. Monroe County Health Department is holding community flu vaccine clinics this October and November to make getting your flu shot easy and convenient for you and your family!

CDC recommends everyone ages six months and older should get a flu vaccine each year to prevent sickness from the flu. It takes about two weeks for the flu vaccine to protect against the virus, so make a plan today to get yourself and your family vaccinated.

Monroe County Health Department is offering quadrivalent vaccine for those less than 65 years of age, as well as high dose vaccine for those 65 years of age and older. We can bill Medicare, Medical Assistance, Senior Preferred, and third party insurance companies to cover the \$30 charge for regular vaccine and \$65 for high dose vaccine. To pre-register or to schedule individual appointments, please contact us at 608-269-8666 or visit <u>bit.ly/24flu.</u>

<u>Date</u>	<u>Time</u>	<u>Location</u>
10/03/24	9:00 am – 6:00 pm	Tomah VA – Community Drive-Thru – 2 nd Street
10/04/24	9:00 am – 6:00 pm	Tomah VA – Community Drive-Thru – 2 nd Street
10/07/24	5:00 pm – 6:00 pm	Warrens Fire Station
10/10/24	8:30 am – 5:00 pm	Monroe County Health Dept. – 315 W. Oak St.
10/12/24	7:30 am – 11:00 am	Oakdale Electric Cooperative
10/14/24	12:00 pm – 2:00 pm	Monroe County Fairgrounds – Community Drive-Thru
10/14/24	6:30 pm – 7:00 pm	Cashton Fire Department
10/16/24	11:00 am – 11:45 a	m Sparta Community Center
10/17/24	10:00 am – 12:45 p	m Kenview Manor / Kendall Meal Site

10/18/24	8:00 am – 10:30 am	Organic Valley – Community Drive-Thru
10/18/24	11:15 am – 12:00 pm	Cashton Community Hall
10/25/24	8:30 am – 5:00 pm	Monroe County Health Dept. – 315 W. Oak St.
10/30/24	12:30 pm – 1:30 pm	Kupper-Ratsch Senior Center
11/08/24	8:30 am – 5:00 pm	Monroe County Health Dept. – 315 W. Oak St.
11/22/24	8:30 am – 5:00 pm	Monroe County Health Dept. – 315 W. Oak St.

In addition to getting your flu shot, take these extra steps to stop the spread of germs:

- Stay home if you're sick
- Cover coughs and sneezes
- Avoid touching your eyes, nose, and mouth
- Wash your hands often
- Clean and disinfect commonly touched surfaces and objects

Follow the Monroe County Health Department Facebook page for updates and reminders.

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Healthy People, Healthy Monroe County