

# HOME DELIVERED MEALS & DINING SITES



## AGING & DISABILITY RESOURCE CENTER OF MONROE COUNTY

315 West Oak Street Suite A, Sparta, WI 54656

**(608) 269-8690 or (888) 339-7854**

Fax 608-269-8688

Hours: Monday – Friday, 8:00am – 4:30pm

**Web Site: <https://www.co.monroe.wi.us/services/aging-and-disability-resource-center/nutrition>**



## **HOW DOES THE PROGRAM WORK?**

Only noon meals are available at this time. They are delivered by volunteers or paid drivers Monday through Friday, except on holidays or during severe weather conditions. Frozen weekend meals are available on a case-by-case basis. Meal delivery is usually between 11:00am and 1:00pm depending on where you are on the route (in-town or rural).

## **NUTRITION PROGRAM**

- Well balanced nutritious noon meals are available to persons age 60 and over and their spouse of any age, regardless of income. A minimum donation is suggested. **Special diets are not accommodated.**
- **Dining Sites**  
Senior Dining sites are located in communities throughout the county. The congregate setting provides socialization and an opportunity to participate in education and wellness events. **Please call by noon 1 day before to reserve your meal.**
- **Home Delivered Meals**  
Besides a nutritious, hot meal, home delivered meals offer a daily visit and welfare check for the homebound. The nutrition program coordinator ensures dietary needs set by our state governing body are met and provides resources to meet the individual's needs.

## **HOW MUCH DOES A HOME DELIVERED MEAL COST?**

This program is supported by limited federal, state and local funds, and the contributions made by the individuals who receive the meals. The actual cost of a home-delivered meal service is approximately \$13.00 per meal. The cost includes food transport, food packaging, supplies and labor. **A suggested contribution range of \$4.00 to \$7.00 per meal is recommended to defray the cost of the meal service.** You can pay what you are able to afford. No one over the age of 60 is refused services due to inability to pay.

**If you have any questions or concerns about the meal program, please call our Nutrition Program Coordinator at 608-269-8692, hours: 7:00 – 3:30.**

The Aging and Disability Resource Center provides a place for the public to get free, confidential, accurate and unbiased information on issues related to aging and living with a disability. A primary goal of the ADRC is to help you plan for your long-term care needs, focusing on areas of prevention, eligibility (for benefits), and options from which you can choose the best way to meet your needs.

### **Food Allergy Notice**

The Aging & Disability Resource Center of Monroe County treats food allergies seriously. Every effort is made to instruct our dining site managers and their staff regarding the potential severity of food allergies. Please be advised that our menu items may contain allergens or have come in contact with items containing allergens. We will assume no liability for any adverse reactions that may occur in the dining site due to food allergies and are unable to accommodate food allergies or intolerances.

# **Monroe County Senior Dining Sites**

## **Cashton – 608-377-3831**

812 Main Street Cashton, WI 54619

Serving time: 11:30 am

## **Kendall – 608-463-7622**

Kenview Manor 412 Spring St, Kendall, WI 54638

Serving time: 11:30 am

## **Norwalk – 608-343-3158**

Norcrest Senior Housing

206 West Center St, Norwalk, WI 54648

Serving time: 12:00 noon

## **Sparta – 608-269-6778**

Sparta Community Center, 1000 E Montgomery Sparta, WI

Serving time: 11:30 am

## **Tomah – 608-372-7291**

Kupper-Ratsch Senior Center, 1002 Superior Ave Tomah,  
WI

Serving time: 11:30 am

**Revised 8-2024**