

For Seniors

ADRC OF MONROE COUNTY MEAL PROGRAM (608) 269-8692

Home delivered hot meals delivered directly to homes of persons 60 years of age and over for a suggested donation of \$4.00 a meal.

- Provide a 24 hour notice to sign up for meals.

MORROW MEALS IN MOTION | (608) 269-3168

Home Delivered hot meals delivered to the homes of persons 60 years of age and over within Sparta City limits for \$5.00 a meal.

SENIOR DINING SITES

Provides hot, nutritious noon meals to persons 60 years of age and over for a suggested donation of \$4.00 a meal. Please call to reserve your meal one day prior.

Cashton Meal Site | (608) 377-3831

- 812 Main St | Serving Time: 11:30 am

Kendall Meal Site | (608) 463-7622

- Kenview Manor | 412 Spring Street
- Serving Time: 11:30 am

Norwalk Meal Site | (608) 343-3158

- Norcrest Senior Housing | 206 West Center St
- Serving Time: 12:00 pm

Sparta Meal Site | (608) 269-6778

- Sparta Community Center | 1000 E. Montgomery St
- Serving Time: 11:30 am

Tomah Meal Site | (608) 372-7291

- Kupper-Ratsch Senior Center | 1003 Superior Ave
- Serving Time: 11:30 am

SENIOR FARMERS MARKET NUTRITION PROGRAM (FMNP)

Contact the ADRC at [608-269-8690](tel:608-269-8690) or [888-339-7854](tel:888-339-7854) for more information.

Available seasonally to those 60+ and under 180% of the federal poverty level.



SECOND HARVEST FOODBANK OF SOUTHERN WI MOBILE PANTRY (608) 216-7550 - Monroe County Rep (608) 223-9121 - Main telephone number Website: www.secondharvestmadison.org



Sparta | 3rd Monday starting at 3:30 pm

- Sparta Youth Hockey Rink | 1121 E Montgomery St

Tomah | 1st Tuesday starting at 3:30 pm

- Fairgrounds | 1625 Butts Avenue

Norwalk | Last Tuesday of month at 10:30 am

- Village Hall | 208 S Church St

Emergency Assistance

FAMILIES FIRST | (608) 374-4141

1118 W Veterans St, Tomah

Website: www.familiesfirstofmonroecounty.org

Services

- Provides preventive family support services (as funding allows) and assists in temporary crisis situations.
- Diapers and clothing vouchers for families in need.

SALVATION ARMY

(608) 475-9040 - Representative

(608) 374-4141 - Families First

Services

- Provides emergency services in area of basic needs (food, shelter, fuel)
- some assistance may be available in disaster

GREAT RIVERS 2-1-1 | 1-800-362-8255

Website: www.greatrivers211.org

Dial 2-1-1 from your cell phone or landline for help with food, housing, employment, health care, counseling and more. 2-1-1 provides free and confidential information and referrals.

Monroe County Food & Nutrition Resources

Updated August 2024



Monroe County Health Department (608) 269-8666

315 West Oak Street, Suite B
Sparta, WI 54656



Download Brochure:

www.co.monroe.wi.us/departments/health-department

If you have any suggested edits or additions, please call us at (608) 269-8671

FOOD PANTRIES IN YOUR AREA



Tomah

NEIGHBOR FOR NEIGHBOR FOOD PANTRY

(608) 372-6737

1118 W Veterans St

Website: www.nfnpantry.org

Hours: Food is distributed,
Mondays from 1:00-3:30 pm;
Thursdays from 10:00 am-12:00 pm;
every 1st and 3rd Wednesday from 8:00-10:00 am;
and every 2nd and 4th Wednesday from 3:00-
5:00pm

*Donation hours are during distribution hours or
by appointment.

*Serves eastern Monroe County (Tomah, Tunnel
City, Wyeville, Camp Douglas, Clifton, Warrens,
Oakdale, Kendall, Norwalk, Wilton)

RUBY'S PANTRY | **(608) 567-9230**

22547 State Hwy 27 - Oasis Church

Website: www.rubyspantry.org

Hours: 1st Monday of month

Registration begins at 4:30 pm; open 5:00-6:30 pm

Services: No income or residency requirement. For
a \$25 bundle donation, you will receive an
abundance of groceries.

TOMAH COMMUNITY TABLE

Contact Susan | **608-633-0803**

Updates are announced on Facebook:

www.facebook.com/TomahCommunity

Hours: In-person dining Mondays 4:30-5:10 pm

Sparta

CATARACT ESSENTIAL SERVICES

6070 State Hwy 27

Hours: Every 2nd and 4th Wed from 9:00 am to 11:00 am
and 5:00 pm to 7:00 pm

Website: @Cataract Essential Services, Inc on Facebook

COULEECAP, INC | **(608) 269-5021/866-904-4508**

217 N Black River St - Jones Plaza

Website: www.couleecap.org

Office Hours: Mon-Thurs 10:00 am-3:00 pm

Food Pantry Hours: Mon & Thurs 10:00 am-3:00 pm

Services

- Supportive Housing
- Homeless Prevention Program
- Food Pantry (serves western Monroe County
(Sparta, Angelo, Melvina, Leon, Norwalk, and
surrounding areas))

ECUMENICAL FOOD PANTRY | **(608) 269-5081**

114 N Water St

Hours: Tues-Fri 10 am-12 pm | Tues 5-7 pm

LADLES OF LOVE

Free Community Meal

Trinity Lutheran Church - 612 N Water St

Website: @Ladels of Love Sparta on Facebook

Hours: Thurs 5:00 pm-7:00 pm

More Areas

CASHTON CUPBOARD AND CLOSET

(608) 654-5770 | 199 Front St, Cashton

Hours: Mon-Fri from 10:00 am to 4:00 pm

ONTARIO FOOD PANTRY | **(608) 337-4656**

Please call for an appointment

Grace Community Church | Ontario, Norwalk area

WILTON FOOD PANTRY | **(608) 435-6922**

400 East St - Wilton Community Center

Hours: The 2nd and 3rd Tuesdays each month 1-2 pm
or please call for an appointment

THE COMMUNITY HARVEST FOOD PANTRY

(608) 424-4187 | 200 W North St, Norwalk

Hours: Wednesday from 12:00 pm to 2:00 pm

Food and Nutrition Resources

WOMEN, INFANTS, AND CHILDREN SPECIAL SUPPLEMENTAL NUTRITION PROGRAM

(608) 269-8671 | Please call for an appointment

315 West Oak St, Suite B; Sparta, WI

E-mail: MonroeCounty.WIC@co.monroe.wi.us

Website: Google Monroe County WI WIC



Services

- Provides nutritional counseling and health
referrals with supplemental food packages for
pregnant and post-partum women, infants, and
children <age 5 who meet income qualifications
and are determined to be at nutritional risk.
- Like and follow us on Facebook and Instagram.

FOODSHARE | **1-888-627-0430**

Website: www.dhs.wisconsin.gov/foodshare

School Meal Programs

SCHOOL DISTRICT OF CASHTON

www.cashton.k12.wi.us/district/foodservice.cfm

NORWALK ONTARIO WILTON (NOW) SCHOOL DISTRICT

http://nowsd.ss14.sharpschool.com/district/food_service

SPARTA AREA SCHOOL DISTRICT

www.spartan.org/district/departments/nutrition

TOMAH AREA SCHOOL DISTRICT

www.tomah.education/food-services/index

SUMMER MEALS SITES

www.dpi.wi.gov/community-nutrition/sfsp/find-summer-meals-site

