

Have you thought about

ADVANCE CARE *Planning?*

Advance care planning involves discussing and preparing for future decisions about your medical care if you become seriously ill or unable to communicate your wishes.

Why advanced care planning?

- More likely to get the care you want
- Helps your loved ones grieve more easily and feel less burden/guilt
- During an emergency, your medical wishes are clearly stated for your family, EMS, law enforcement and medical professionals.

DO YOU HAVE ADVANCED DIRECTIVES SET UP?

Advanced directives are legal documents that provide instructions for medical care and only go into effect if you cannot communicate your own wishes.

- Living will
- Durable power of attorney for health care
- Provider orders for scope of treatment (POST)

Advance care planning is for people of any age.

Medical crisis could leave you unable to communicate your own health care wishes.

To set up your advanced directives, please contact your healthcare provider or the Monroe County Aging and Disability Resource Center (ADRC) at 608-269-8690.

