# Water WELLness Monroe County







Center for Watershed Science and Education College of Natural Resources **University of Wisconsin - Stevens Point** 

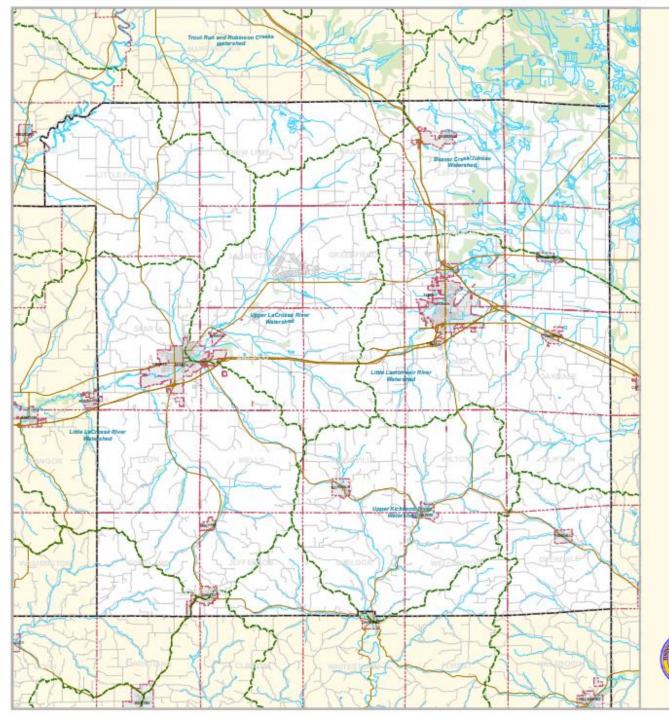


Extension UNIVERSITY OF WISCONSIN-MADISON

# **Goals for the presentation:**

- Groundwater Basics: Where does my water come from
- Well Construction
- What do my individual test results mean?
- General groundwater quality in Monroe County
- o Improving your water quality



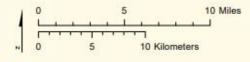


#### **Monroe County**

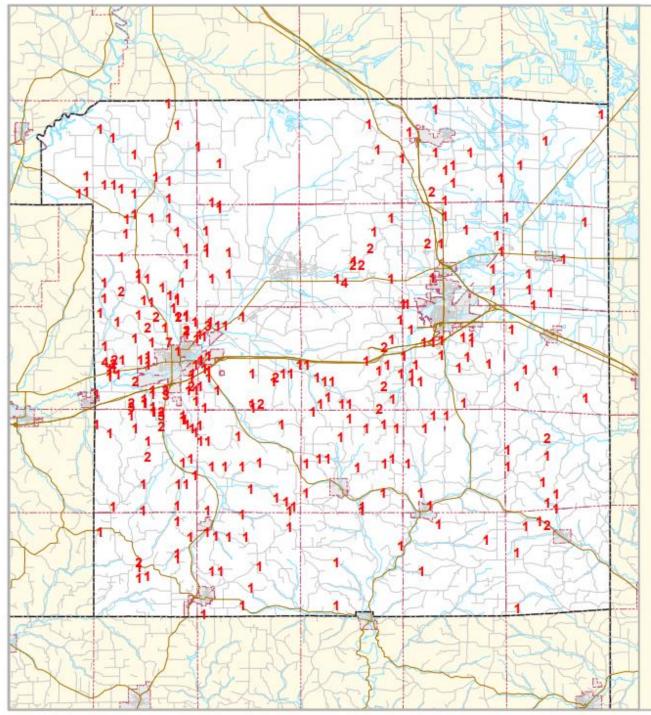
2020, 2021 & 2023



Watershed Boundary Streams Lakes/Reservoirs Wetlands State/US Highways Other Roads Town Boundaries Municipalities



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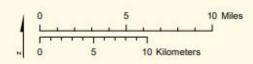
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#### SAMPLE DISTRIBUTION

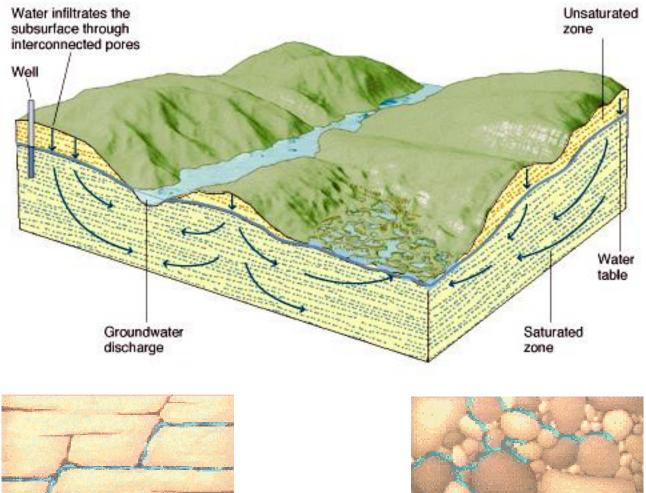
NUMBER OF SAMPLES per 1/4 1/4 SECTION

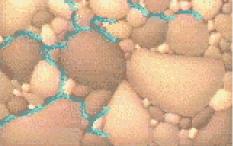


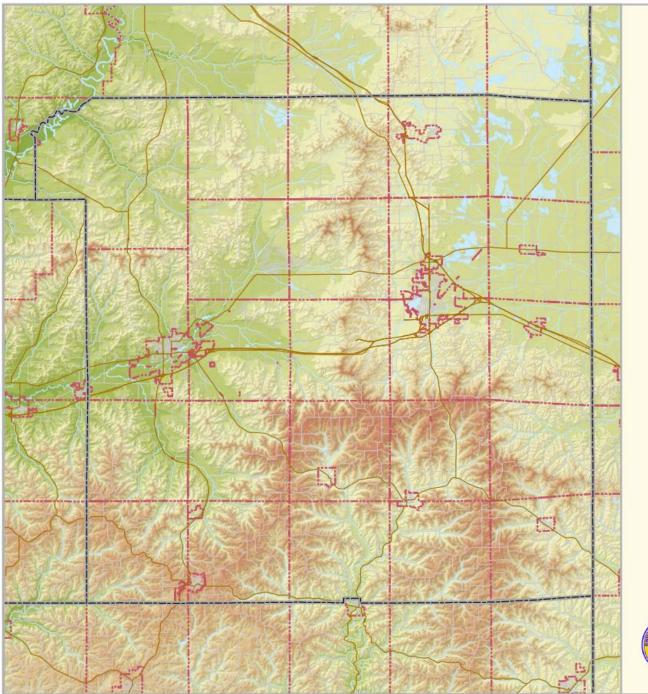


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### **Groundwater Movement**





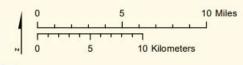


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Elevation: (meters) 195 - 220 221 - 245 246 - 270 271 - 295 296 - 320 321 - 345 346 - 370 371 - 395 396 - 420 421 - 445





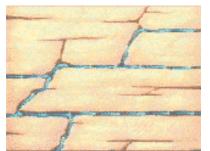
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Groundwater Basics: Where does my water come from?	How does your water quality compare? Look for data in your area	Learn about well construction	Interpret my water test results	How to improve my water quality	Who to contact if I need additional assistance	<b>Excension</b> Watershed Sciences
What is Groundw	vater? Watershe	eds of Wisconsin	Aquifers: Our grou storage unit		Factors that affect groundwater quality	Better Homes and Groundwater

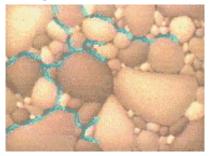
### Aquifers: Our groundwater storage units

Aquifers are geologic formations that store and transmit groundwater.

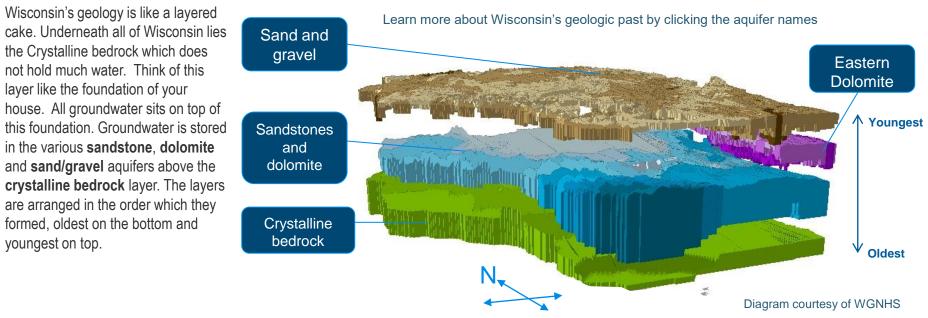
The aquifer properties determine how quickly groundwater flows, how much water an aquifer can hold and how easily groundwater can become contaminated. Some aquifers may also contain naturally occurring elements that make water unsafe.

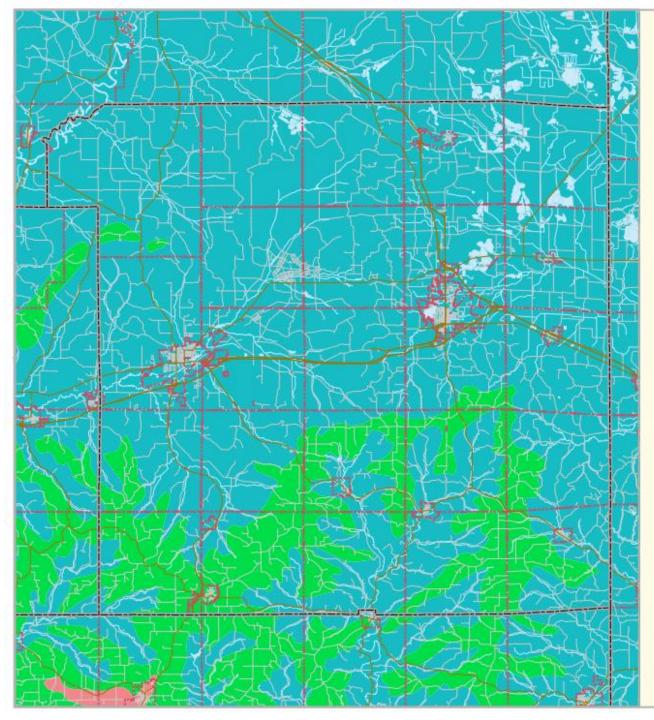


Water and contaminants can move quickly through cracks and fractures.



Water moving through tiny spaces in between sand particles or sandstone moves slower and allows for filtration of some contaminants.





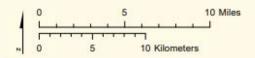
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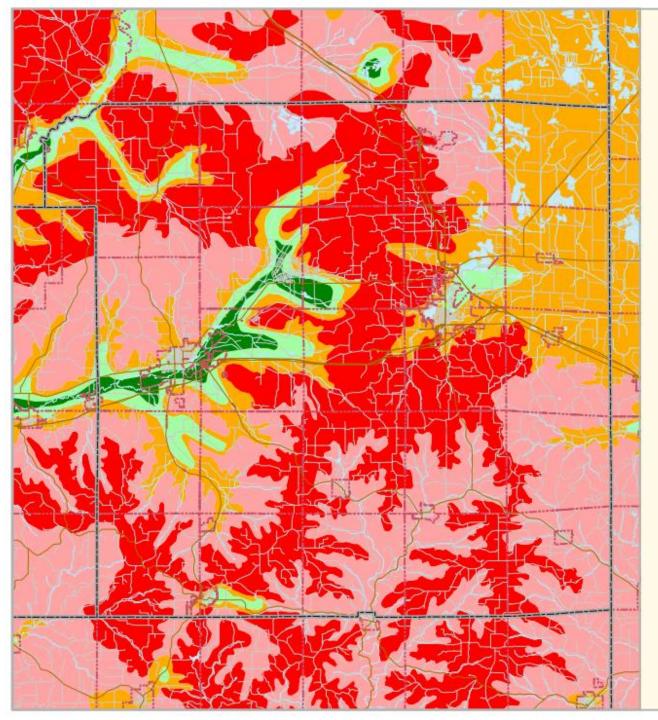
#### **Bedrock Units:**

Cambrian Sandstone Prairie du Chien Dolomite St Peter Sandstone





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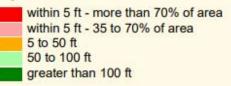


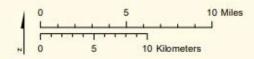
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#### Depth to Bedrock:





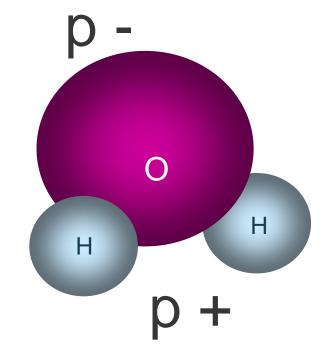


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### water basics

- > "Universal Solvent"
- Naturally has "stuff" dissolved in it.
  - Impurities depend on rocks, minerals, land-use, plumbing, packaging, and other materials that water comes in contact with.

### Can also treat water to take "stuff" out



### Interpreting Drinking Water Test Results

Tests important to health:

- Bacteria
- Sodium
- Nitrate
- Copper
- Lead
- Triazine
- Zinc
- Sulfate
- Arsenic

Tests for aesthetic (taste,color,odor) problems:

- Hardness
- Iron
- Manganese
- **Chloride**

Other important indicator tests:

- Saturation Index
- Alkalinity
- Conductivity
- Potassium

**Red** = human-influenced **Blue** = naturally found

## **Health Concern Categories**

### **Acute Effects**

 Usually seen within a short time after exposure to a particular contaminant or substance.

(ex. Bacteria or viral contamination which may cause intestinal disease)

### **Chronic Effects**

- Result from exposure to a substance over a long period of time.
- Increase risk of developing health complications later in life.

(ex. Arsenic or pesticides can increase the risk of developing certain cancers)



C Q	Chronic related health concerns are generally about risk nanagement	Adapted from Everyone's Guide to Cancer Therapy Viruses & Infection: 10% Diet: 30-35% Unknown: +5% Alcohol: 3-4% Industrial Occupations: 4% Environmental Pollution: 2% Family History: 2% Food Additives: 1% Radiation (environmental & medical): 1%	
	Being struck by lightning	0.16 in 1,000 chance.	
	0.010 mg/L of arsenic in drinking water.	3 out of 1,000 people likely to develop cancer.	
	2 pCi of indoor radon level.	4 out of 1,000 people likely to develop lung cancer. <sup>1</sup>	
	2 pCi of indoor radon combined with smoking.	32 out of 1,000 people could develop lung cancer. <sup>1</sup>	

Drinking water quality is only one part of an individual's total risk.

<sup>1</sup>http://www.epa.gov/radon/healthrisks.html

National Cancer Risk Factors with Percentages

### Private vs. Public Water Supplies

### **Public Water Supplies**

Regularly tested and regulated by drinking water standards.

#### **Private Wells**

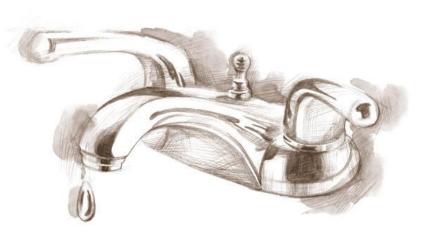
- Not required to be regularly tested.
- Not required to take corrective action
- Owners must take special precautions to ensure safe drinking water.



# Why do people test their water?

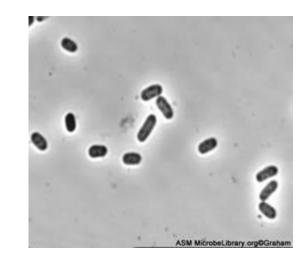
- Installed a new well\*
- Well or pump work\*\*
- Change in taste or odor
- Buying or selling their home
- Plumbing issues
- Want to know if it's safe to drink.

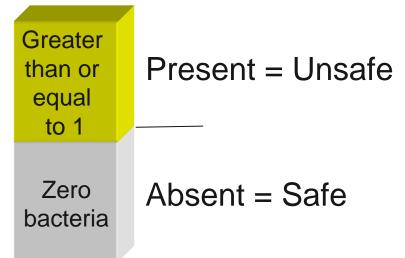
\*Required to be tested by well driller for bacteria and *nitrate (since 2014)* \*\* Required to be tested by well driller/pump installer for bacteria, *nitrate, and arsenic* 



# **Coliform bacteria**

- Generally do not cause illness, but indicate a pathway for potentially harmful microorganisms to enter your water supply.
  - Harmful bacteria and viruses can cause gastrointestinal disease, cholera, hepatitis
- Well Code: "Properly constructed well should be able to provide bacteria free water continuously without the need for treatment"
- Recommend using an alternative source of water until a test indicates your well is absent of coliform bacteria
- Sources:
  - Live in soils and on vegetation
  - Human and animal waste
  - Sampling error





#### If coliform bacteria was detected, we also checked for e.coli bacteria test

- Confirmation that bacteria originated from a human or animal fecal source.
- E. coli are often present with harmful bacteria, viruses and parasites that can cause serious gastrointestinal illnesses.
- Any detectable level of E.coli means your water is unsafe to drink.

Centers for Disease Control and ed States Department of Health and Human Services – Information Sources: Unit

	Contaminants	Sources	Symptoms	
	BACTERIA			
	Escherichia coliform (E. coli) Salmonella Campylobacter E. coli 0157 (Requires a special water test for detection. Causes similar, but more serious illness than other E.coli strains. Requires medical treatment.)	<ul> <li>Infected human and animal feces</li> <li>Manure</li> <li>Septic systems</li> <li>Sewage</li> </ul>	<ul> <li>Gastrointestinal illness</li> <li>Low-grade fever</li> <li>Begins 12 hrs - 7 days after exposure</li> </ul>	
	Leptosporidia MICROSCOPIC PARASITES	<ul> <li>Urine of livestock, dogs and wildlife</li> <li>Manure</li> </ul>	<ul> <li>High fever, severe headache and red eyes</li> <li>Gastrointestinal illness</li> <li>Begins 2-28 days after exposure</li> </ul>	
(vog	Cryptosporidia	<ul> <li>Infected human and animal feces</li> </ul>	Gastrointestinal illness     Boging 2-14 days after	
cy (www.epa.	Giardia	<ul> <li>Manure</li> <li>Septic systems</li> <li>Sewage</li> </ul>	<ul> <li>Begins 2-14 days after exposure</li> </ul>	
١Agen		<ul> <li>Infected human feces and</li> </ul>	Gastrointestinal illness	
Prevention (www.cdc.gov) and United States Environmental Protection Agency (www.epa.gov)		vomit • Septic systems • Sewage	<ul> <li>Low-grade fever &amp; headache</li> <li>Begins 12-48 hrs after exposure</li> </ul>	
	Nitrate	<ul> <li>Fertilizers</li> <li>Manure</li> <li>Bio-solids</li> <li>Septic systems</li> </ul>	Methemoglobinemia or "Blue Baby Syndrome" – No documented cases in Door County, but elevated nitrate levels in well water may indicate risk of contamination by additional pathogens.	
	Atrazine (trade-name herbicide for control of broadleaf and grassy weeds)	Estimated to be most heavily used herbicide in the U.S. in 1987/89, with its most extensive use for corn and soybeans in the Midwest, including WI. In 1993, it became a restricted-use herbicide nationally. U.S. EPA set a max. contaminant level (MCL) at 3 parts per billion for safe drinking water.	Short-term exposure above the MCL may cause: congestion of heart, lungs and kidneys; low blood pressure; muscle spasms; weight loss; damage to adrenal glands. Long-term exposure above MCL may cause: weight loss, cardio- vascular damage, retinal and some muscle degeneration; cancer.	



### Is the well cap or casing cracked?



### Does your well have a verminproof cap?





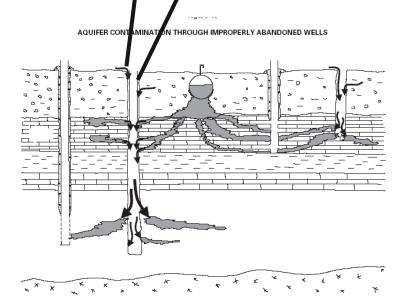




Photos courtesy of Matt Zoschke

- Non-vermin proof cap
- Electrical conduit not installed correctly
- Don't leash pets within 10 feet of the well
- Avoid bird feeders and other decorations directly above the well





Are there old wells on the property?

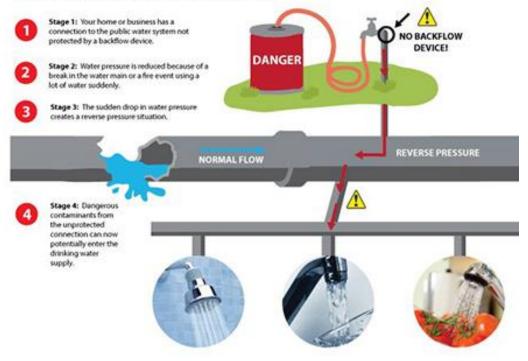
> Wells are a direct conduit to groundwater

 Consider having them properly filled and sealed



Do yard hydrants, livestock waterers, and service to outbuildings have proper backflow prevention?

#### HOW BACKFLOW CAN HAPPEN



### What makes a good well....



- > Vermin proof cap
- Casing extends at least 12" above grade
- > Area around well free and clear of debris or other obstructions
- Down spouts or runoff from driveways/other surfaces not directed towards the well

#### **Do Deeper Wells Mean Better Water Quality?**

- Casing as important as well depth for determining where your water comes from
- Certain geology may make it difficult to obtain bacteria free water throughout the whole year

# What should I do if coliform bacteria was present?

- 1. Use alternative source of water for drinking
- 2. Retest
- 3. Try to identify any sanitary defects
  - Loose or non-existent well cap
  - Well construction faults
  - Cross connection
  - A nearby unused well or pit
  - Inadequate filtration by soil
- 4. Disinfect the well
- 5. Retest to ensure well is bacteria free.
- For reoccurring bacteria problems the best solution may be a new well or if new well is unlikely to remedy the problem because of geology, may seek approval for treatment.

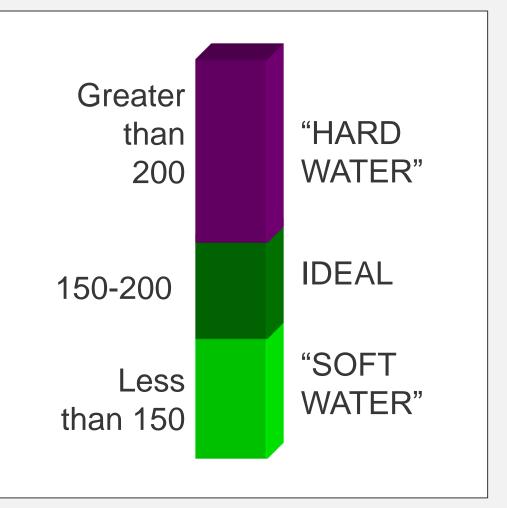
# Rock and Soil Impacts on Water Quality

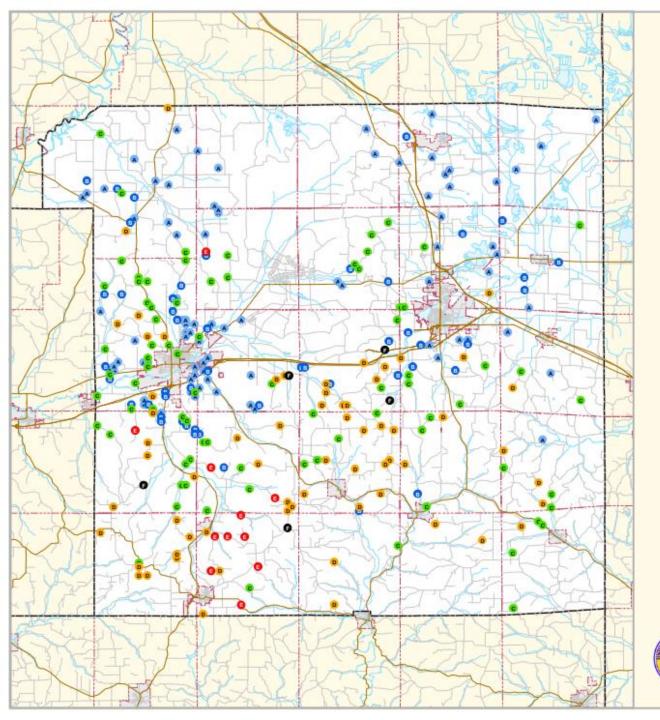
# **Tests for Aesthetic Problems**

### Hardness

- Natural (rocks and soils)
- Primarily calcium and magnesium

 Problems: scaling, scum, use more detergent, decrease water heater efficiency





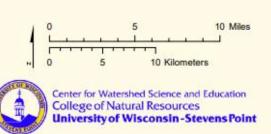
#### Monroe County 2020, 2021, 2023 & 2024



#### TOTAL HARDNESS (ppm CaCO3)

A	50	115	33%
0	51 - 100	58	17%
C	101 - 200	93	27%
D	201 - 300	66	19%
Ø	301 - 400	11	3%
Ø	401	5	1%

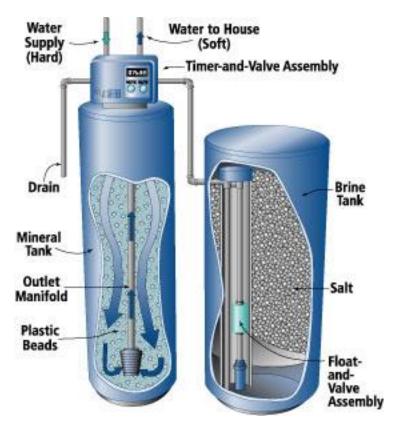
Mapped value is the average for the 1/4 1/4 section Treated samples not mapped



# Water Softening

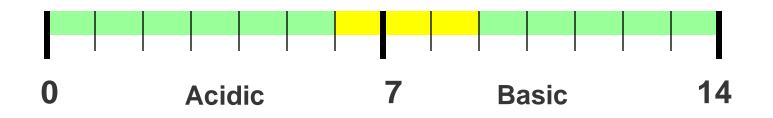
Water softeners remove calcium and magnesium which cause scaling and exchange it for sodium (or potassium).

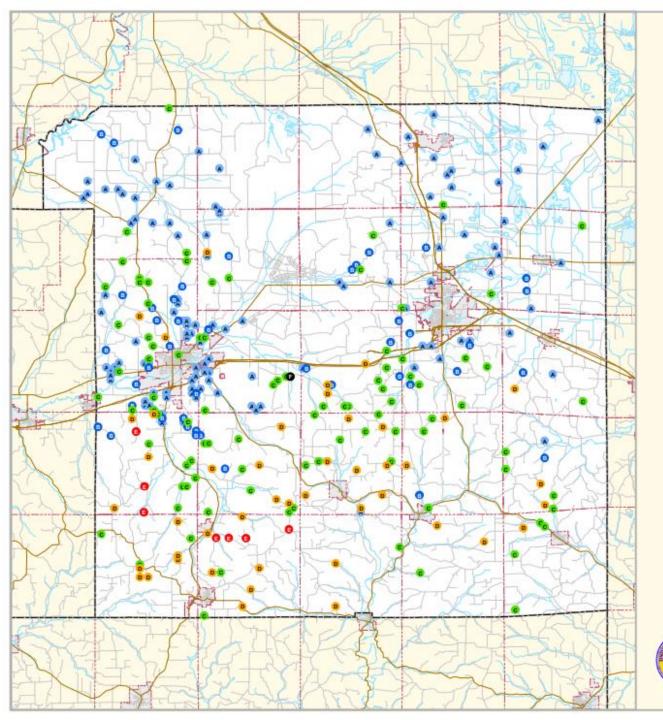
- Negative: Increases sodium content of water.
- Suggestions:
  - Bypass your drinking water faucet.
  - Do not soften water for outdoor faucets.
  - If you are concerned about sodium levels use potassium chloride softener salt.



# **Tests for Overall Water Quality**

- Alkalinity ability to neutralize acid
- Conductivity
  - · Measure of total ions
  - can be used to indicate presence of contaminants (~ twice the hardness)
- **pH** Indicates water's acidity and helps determine if water will corrode plumbing





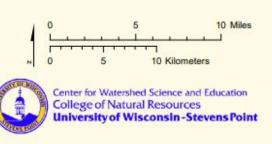
#### Monroe County 2020, 2021, 2023 & 2024



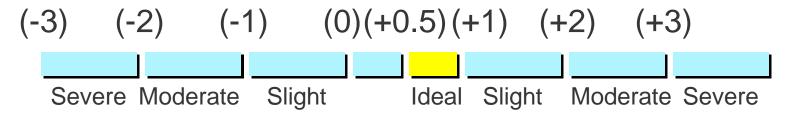
#### ALKALINITY (ppm CaCO3)

A 50	137	39%
6 51 - 100	53	15%
C 101 - 200	102	29%
D 201 - 300	47	14%
<b>()</b> 301 - 400	8	2%
<b>9</b> 401	1	<1 %

Mapped value is the average for the 1/4 1/4 section Treated samples not mapped



# Tests for Overall Water Quality Saturation Index

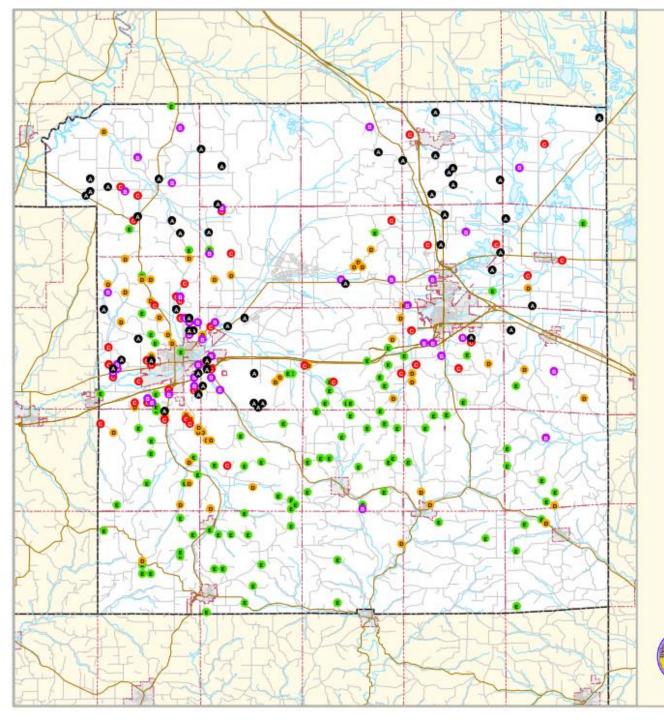


Corrosion occurs



Scaling occurs





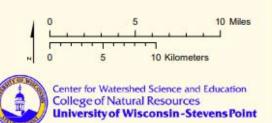
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#### SI (Saturation Index)

3.0	66	19%
3 -2.92.0	51	15%
<b>G</b> -1.91.0	55	16%
D -0.9 - 0.0	69	20 %
E 0.1 - 1.0	107	31 %
<b>()</b> 1.1	0	0%

Mapped value is the average for the 1/4 1/4 section Treated samples not mapped



# Test Important to Health

# Copper

- Sources: Copper water pipes
- Standard: Less than 1.3 mg/L is suitable for drinking

### Health Effects:

- Some copper is needed for good health
- Too much may cause problems:
  - . Stomach cramps, diarrhea,
  - · vomiting, nausea
  - · Formula intolerance in infants





# Test Important to Health

### Lead

**Sources:** Lead solder joining copper pipes (pre-1985) or brass fixtures

Standard: 0.015 mg/L (15 ppb)

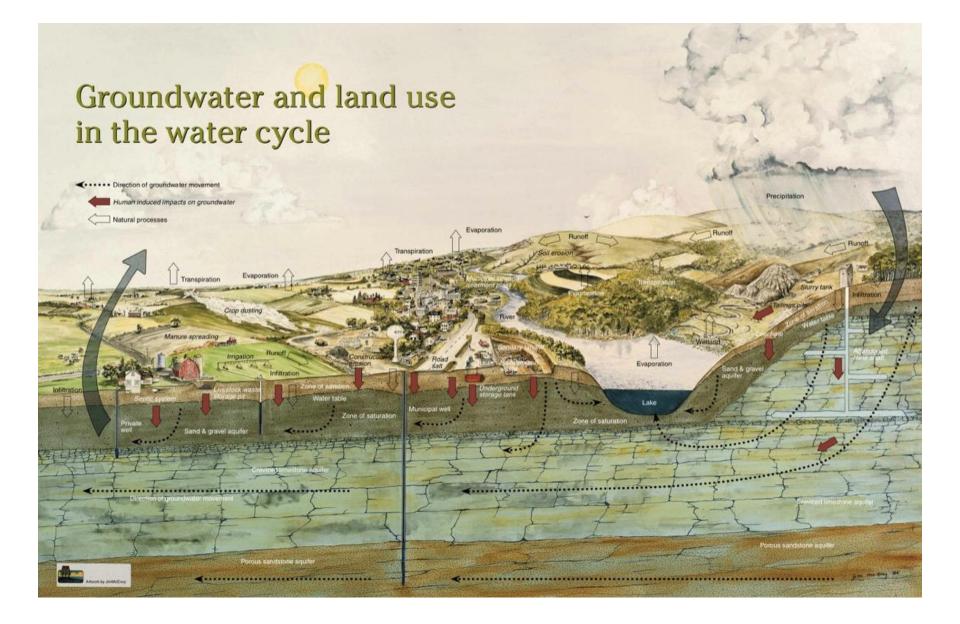
### **Health Effects:**

- Young children, infants and unborn children are particularly vulnerable.
- Lead may damage the brain, kidneys, nervous system, red blood cells, reproductive system.





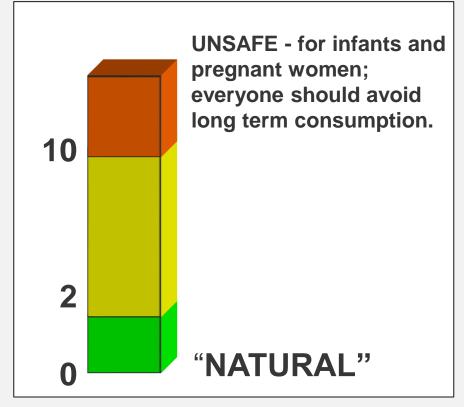




# Test Important to Health

## Nitrate Nitrogen

- Greater than 10 mg/L Exceeds State and Federal Limits for Drinking Water
- Between 2 and 10 mg/L Some Human Impact
- Less than 2.0 mg/L "Transitional"
- Less than 0.2 mg/L "Natural"



# Nitrate-Nitrogen

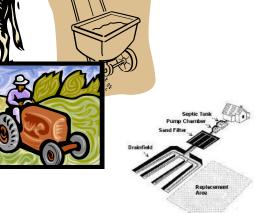
### Health Effects:

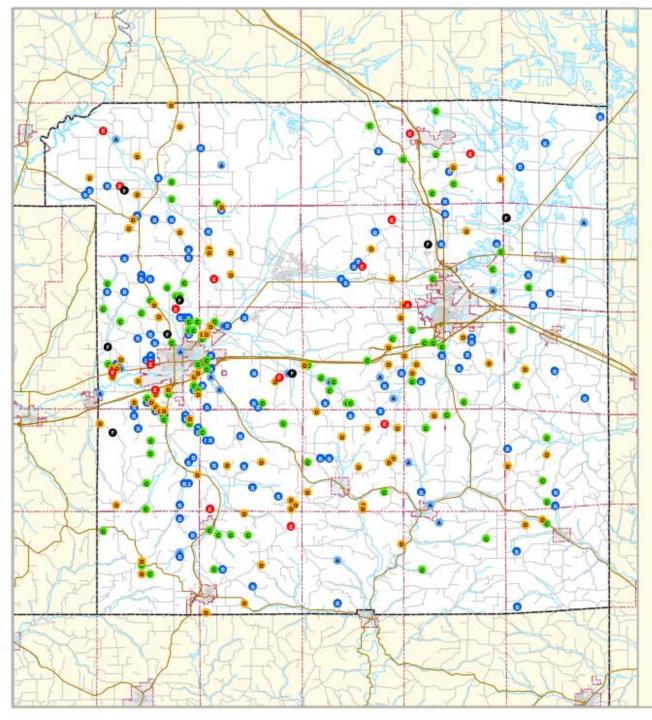
- Methemoglobinemia (blue baby disease)
- Possible links to birth defects and miscarriages (humans and livestock)
- Indicator of other contaminants



### Sources:

- Agricultural fertilizer
- Lawn fertilizer
- Septic systems
- Animal wastes





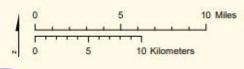
#### Monroe County 2020, 2021, 2023 & 2024



#### NITRATE-NITRITE (ppm N)

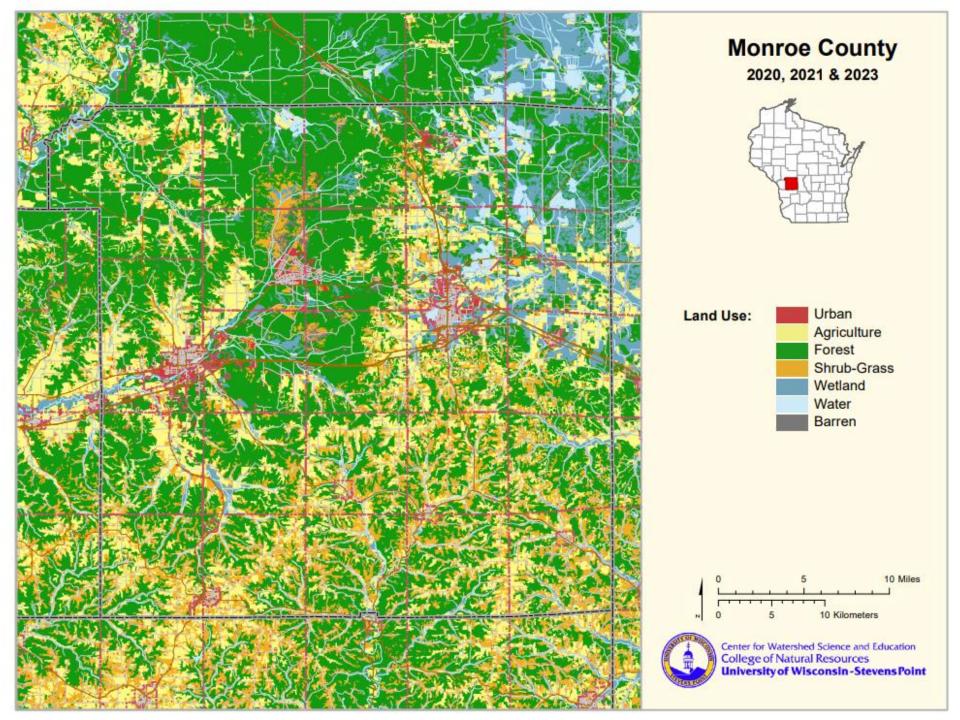
A	None Detected	23	7%
0	2.0	116	33 %
C	2.1 - 5.0	91	26%
D	5.1 - 10.0	89	26%
Ø	10.1 - 20.0	20	6%
Ø	20.1	9	3%

Mapped value is the average for the 1/4 1/4 section Treated samples not mapped





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# What can I do to reduce my nitrate levels?

### Solution:

 Eliminate contamination source or reduce nitrogen inputs

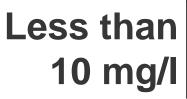
Short term:

- Change well depth or relocate well
- Carry or buy water
- Water treatment devices
  - Reverse osmosis
  - Distillation
  - Anion exchange

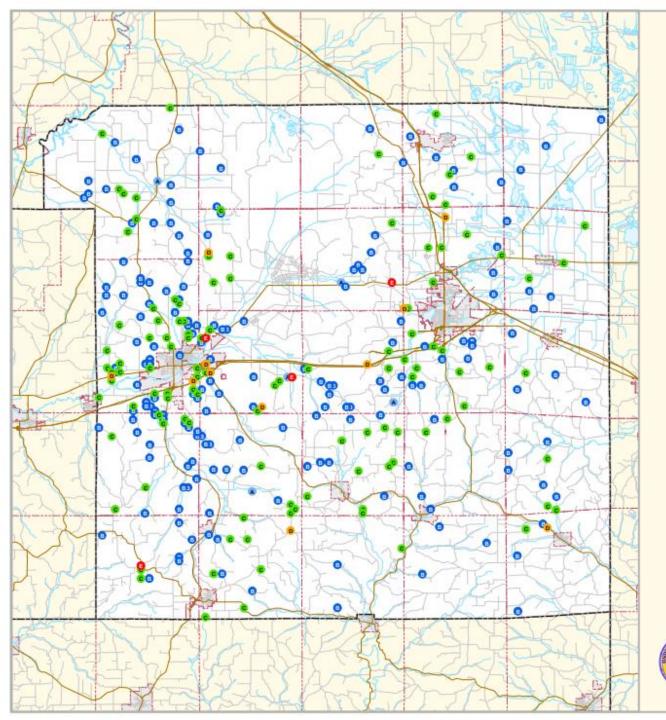
# Tests for Aesthetic Problems

### Chloride

- Greater than 250 mg/l
  - · No direct effects on health
  - · Salty taste
  - Exceeds recommended level
- Greater than 10 mg/l may indicate human impact
- Less than 10 mg/l considered "natural" in much of WI
- Sources: Fertilizers, Septic
   Systems and Road Salt



250 mg/l



#### Monroe County

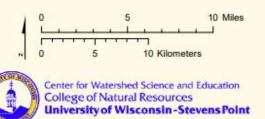
2020, 2021, 2023 & 2024



#### CHLORIDE (ppm)

A	None Detected	6	2%
0	10	198	57 %
C	11 - 50	125	36 %
D	51 - 100	14	4%
0	101 - 200	5	1%
G	201	0	0%

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Operating your private water utility:

- Periodically inspect and maintain the area around your well
- Test your water regularly to evaluate common water quality concerns
- If necessary, take corrective actions\*

\*Know when to call a licensed well driller or pump installer



### Recommendations for testing private wells

### I. Bacteria

Every well should be tested once a year, and when you notice a change in taste, color, or smell.

#### 2. Nitrate

Every well should be tested once a year, and before the well will be used by a woman who is or may become pregnant.

#### 3. Arsenic

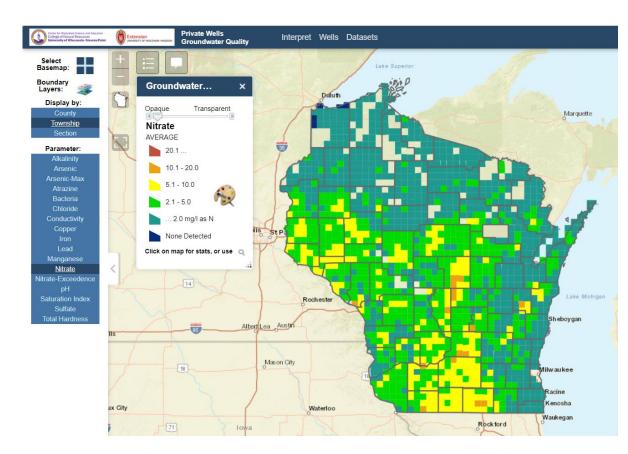
Every well should be tested once. If arsenic was present in previous tests, you should test once a year.

#### You may consider additional testing to look for:

- Naturally occurring contaminants in the rock and soil that may enter your well (ex. Manganese)
- Human caused contaminants from land-use, your plumbing materials, or other sources of pollution near your well (pesticides, PFAS, lead/copper etc.)

# WI Well Water Viewer

- Find out more about well water quality in your area
- Interactive online dashboard



https://www.uwsp.edu/cnr-ap/watershed/Pages/WellWaterViewer.aspx

# Thanks to you and the following for helping sponsor this program:

- Monroe County
- Monroe County Land Conservation Department
   Monroe County Health Department

Contact Info: Kevin Masarik, Center for Watershed Science and Education 800 Reserve St., Stevens Point, WI 54481 715-346-4276, <u>kmasarik@uwsp.edu</u> www.uwsp.edu/cnr/watersheds





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