

Nutrition Advisory Committee Meeting Minutes
Minutes Tuesday June 27, 2023
Cashton Senior Meal Site
Cashton, WI

Attending: Pam Weber, Patti Abbott, Judy Schure, Lynn Lawler, Joyce Thonesen, Joyce Schreier, Kelly Kamrowski

Excused: Barb Akers, Patricia Hansen

Call to Order: Patti Abbott called the meeting to order at 10:30am. Introductions were made as Kelly Kamrowski the Catering Director for the Compass Group joined our meeting today.

Suggested Contribution Range: Pam updated us on a possible change of our contribution rate from \$4.00 to a range of \$4.00 to \$7.00. Pam brought it to the ADRC Advisory Committee who gave their approval and recommended the top range amount be \$7.00 instead of \$6.00. Committee member's also suggested getting the word out about gift certificates and memorial type donations that could be made to the program. Patti will work on an article for the newsletter regarding gift certificates. Pam will keep the committee apprised of the time frame to start the new change.

Newsletter: Pam discussed the distribution change of the ADRC Connect newsletter. The Journal who prints and distributes the newsletter now only delivers to Tomah, Oakdale and Kendall. The newsletter is now also being added to the Monroe County Herald. Newsletters go out to meal sites that do not receive those papers and by mail to those person who have asked to be on our mailing list. The price has increased significantly.

Bulk Food Driver: We had no responses to the request for proposal for the contract. Steve Kamps, who was hired as a LTE is now a part time employee of the program. We are in the process of looking for a van for the program as he is using his personal van at this time. We had put out a RFP for a van but had no responses. Pam will now be looking for a vehicle.

Ride along: Pam has been in talks with the Advisory Board in regards to inviting the Monroe County Board Members and Administration to participate in riding along with our HDM drivers to get a sense of the impact of our program to our participants. We are planning this for the month of September as that is Malnutrition Awareness month. We plan to invite board members to schedule a ride long in their district. Will report on this to this committee at the next meeting.

Senior Celebration: The senior celebration was held May 19 at the Barney Center with approximately 80 participants. The meal was picnic style and entertainment was provided the Sparta HS Vocal jazz choir. It was a success and we did have county board members present to help serve.

Dietician: Lynn Lawler RDN, presented on the 7 week cycle menu that is now implemented. She also has completed an article for distribution regarding malnutrition to go out during the month of September. Kelly Kamrowski also updated the committee on the kitchen at UWL and who all they serve, the staff and the coordination of menu planning with the Lynn. Lynn and Kelly also discussed the temperature issues and importance of maintaining proper serving temps. Lynn obtained excellent handouts from GWAAR that went out to the site managers. This will also be part to their upcoming fall training. Our staff has worked together to compile a handout to educate participants on some of the less familiar menu items as it was brought to our attention that persons were not signing up for meals due to not knowing exactly what the menu item was. This will go out to participants as well as in the newsletter. We will also add this information to the website with our menu information.

Caterer, Meal Site and Staffing updates: Patti presented on the sites: Sparta: routes are full and fully staffed, with a wait list. Tomah: we have hired a new driver and a new sub driver and have no wait list. The remaining sites have no current issues and Patti and office staff have been filling in for requested time off this summer. Patti attended the WAND conference in May and updated the committee on what was presented. She did provide a handout to committee members from the advocacy presentation for their review. Meeting date was discussed and it was decided to return to the second Tuesday of the month and we meet quarterly.

Review of Meal Comments Sheets: Patti provided copies of the comments for members to review on their own time.

Next Meeting: The next meeting will tentatively be held on Tuesday September 12 at 10:30 at the Sparta Senior Meal site.

Adjourned:

Recorded by: Patti Abbott