



**Tuesday, January 9<sup>th</sup>, 2024**  
 1:00-2:00 p.m.  
**Virtual**

**Facilitator: April Anderson**

**Recorder: Laura Reutlinger**

Invitees: Jayne Harris, Ecumenical Food Pantry; April Anderson, Monroe County UW-Extension; Theresa Rogalla, Couleecap; WIC RDN/Fit Families Coach; Jesse Bender, Tomah Schools; Rob Prestwood, Sparta Schools; Doug Staller, Neighbor for Neighbor Food Pantry; Tori Erickson, Mayo Clinic Health System; Patti Abbott, ADRC; Whitney Sanjari/Shayla Furlano, Tomah Health; Matthew Grover, Hunger Relief Federation; Emily Murwin, Second Harvest; Heidi Prestwood, Sparta Chamber of Commerce/Kiwanis; Laura Reutlinger, MCHD; Jeanette Burlingame, Community Health Solutions-Viroqua; Paige Zimmerman, WIC Nutritionist; Bryanna Hoff, WIC Manager & Nutritionist

**Attendees:** April Anderson, Laura Reutlinger, Patti Abbott, Paige Zimmerman, Bryanna Hoff, Whitney Sanjari

Item	Presenter	Information
Introductions /Icebreaker	April	Icebreaker: What is the strangest food you have ever tried?
Minutes	April	Review and approve
Goals, Objectives & Strategies	All	<p>-Organization Updates (15 minutes) -see below</p> <p>-Policy, Systems, &amp; Environments (PSE)- update on Physical Activity Challenge promotion</p> <ul style="list-style-type: none"> <li>• Promotions for challenge continues through local organizations/community groups/schools and has been published in Monroe County Herald and MCHD Facebook.</li> <li>• Sparta Lions Club has donated \$100 for prizes. Monroe County Community Health Organization will handle the donated money. Ideas for prizes: gift cards to Molter’s, WalMart, Aldi, Hanson’s IGA.</li> <li>• April will put together a master list of locations for winter activity and have it ready for February meeting.</li> </ul> <p>-Review/edit poll for member feedback</p> <ul style="list-style-type: none"> <li>• April will send out survey to coalition members in order to gather feedback on meeting attendance.</li> </ul> <p>-2023 Reflection/Accomplishments</p> <ul style="list-style-type: none"> <li>• An introduction to the Nutrition Coalition was written and distributed to the media. Patti was interviewed by Magnum Media</li> <li>• National Nutrition Month News Release</li> <li>• Attended community events including:             <ul style="list-style-type: none"> <li>○ Health Department Open House/ADRC Senior Celebration on May 19<sup>th</sup></li> <li>○ Scenic Bluffs Health Fair</li> </ul> </li> </ul>

		<ul style="list-style-type: none"> <li>○ Monroe County Dairy Breakfast</li> <li>○ Ho-Chunk Health Fair</li> <li>○ Sober Eyes Community BBQ</li> <li>○ Farmers Markets Education</li> <li>○ National Night Out</li> <li>○ Healthy Aging Expo</li> <li>● Fruit and Veggie Bingo Challenge for National Fruits and Vegetables Month</li> <li>● Harvest of the Month</li> <li>● Food and Nutrition Resources Pamphlet update</li> </ul>
	Laura	<p>Health Department</p> <ul style="list-style-type: none"> <li>● Compass Community Health Assessment (CHA) stakeholder meeting scheduled for February 20<sup>th</sup> from 9am-11am at the Sparrows Nest in Sparta. March 12<sup>th</sup> from 5pm-7:30pm for community members. Virtual meeting March 13<sup>th</sup> 10am-11:30am. Calendar invites for the stakeholder meeting on February 20<sup>th</sup> will be coming to all Nutrition Coalition members.</li> </ul>
	Patti	<p>ADRC</p> <ul style="list-style-type: none"> <li>● Currently full staffed</li> <li>● 60 home deliveries in Sparta and Tomah. Waitlist in Tomah.</li> <li>● Starting birthday recognitions at meal sites/deliveries. Homemade gift and card will be provided. Made by local youth groups.</li> <li>● ADRC hosted Tomah Community Dinner at Masonic Lodge. Well organized, fun event.</li> <li>● Distributing copies of January Physical Activity challenge to all meal sites. More have been requested in Wilton, where senior exercise program takes place.</li> </ul>
	Paige/ Bryanna	<p>WIC and Fit Families</p> <ul style="list-style-type: none"> <li>● Clinic numbers consistent (about 700 participants, by phone or in person).</li> <li>● Sparta and Tomah Head Starts are having Family Nights coming up, WIC will present information MyPlate, balanced meals/snacks, getting kids involved in the kitchen, promoting WIC and Fit Families.</li> </ul>
	Heidi	<p>Sparta Chamber and Kiwanis</p>
	Whitney & Shayla	<p>Tomah Health</p> <ul style="list-style-type: none"> <li>● “Helping raise a child who is a joy to feed” - two classes coming up in March.</li> <li>● Prescription Produce pilot program with GHS continuing planning process.</li> <li>● Whitney is taking a Harvard Chef training – nutrition/health coaching and culinary teaching.</li> </ul>

	Tori	Mayo Clinic
	Rob	Sparta School District
	Jesse	Tomah School District
	Jayne & Theresa	Ecumenical & CouleeCap
	April	UW-Extension <ul style="list-style-type: none"> <li>• Strong Bodies Tomah started yesterday, 29 signed up on the first day. Virtual class also started yesterday.</li> <li>• Started nutrition lessons again at Herman Elementary. Ahuco Head Start begins Thursday.</li> </ul>
	Emily	Second Harvest & HungerCare Coalition
	Jeanette	Community Hunger Solutions
	Monroe County Community Health Organization	
	All	Other things to share, new ideas, etc.? Items for next agenda <ul style="list-style-type: none"> <li>• Meeting adjourned at 1:50pm</li> </ul>
Next Meeting		<b>Tuesday February 13<sup>th</sup> 1-2</b> <b>Virtual</b>