

**Mission:** To raise awareness about suicide and provide resources, education, and postvention services to the citizens of Monroe County.

**Vision:** Prevent and reduce the amount of deaths caused by suicide within our great county.

#### Values:

- Strong community partnerships
- Prevention
- Postvention
- Education
- Outreach

#### Goal 1: Raise awareness about suicide and prevention

Objective 1A: Plan at least one event annually to raise awareness about suicide and provide training Strategies:

- Connect with community partners to help with marketing and donations
- Raise awareness about suicide in order to reduce stigma
- Provide gatekeeper training to community members at event(s)
- Provide consistent messaging to community about resources available

Objective 1B: Advocate for suicide prevention-related funding and policies in the Western region of the state

#### Strategies:

- Create partnerships with policy makers
- Invite legislators for listening sessions on suicide prevention with coalition
- Work together to keep mental health professionals in our area (staff retention)

# **Goal 2: Provide postvention services**

Objective 2A: Start a trauma support group for people affected by suicide

# Strategies:

- Connect with community partners that can lead a support group for people impacted by suicide
- Find space to host regular support group sessions

Objective 2B: Bring <u>Crisis Intervention Team Training</u> and Crisis Intervention Partner Trainings to Monroe County

# Strategies:

- Meet with key community stakeholders in support of crisis intervention training and crisis intervention partner training
- Establish coordinating committee and facilitators
- Apply for funding through NAMI grants
- Provide training to law enforcement and first responders
- Provide training to community members