

## Questions?



Email: [contactus@couleecap.org](mailto:contactus@couleecap.org)  
Website: [www.couleecap.org](http://www.couleecap.org)  
Phone: 1-866-904-4508

Last Updated 2/9/2023

**Counties Served:** Crawford  
La Crosse, Monroe, & Vernon

## Homeless Assistance



Couleecap homeless programs provide assistance to currently homeless individuals and households. To learn more and see if you qualify:

**All Counties:** Megan Gruber, [Megan.Gruber@couleecap.org](mailto:Megan.Gruber@couleecap.org) or 608-769-4879

## Homeless Prevention



Funds for this program are provided by the State of Wisconsin Bureau of Supportive Housing, and types of assistance vary by county. To learn more and see if you qualify:

**Crawford County:** Andrew Storey, [Andrew.Storey@couleecap.org](mailto:Andrew.Storey@couleecap.org) or 608-455-6159  
Motel vouchers, security deposit, first month's rent, and eviction prevention assistance

**Monroe County:** Andrew Storey, [Andrew.Storey@couleecap.org](mailto:Andrew.Storey@couleecap.org) or 608-455-6159  
Motel vouchers, security deposit, and first month's rent

**Vernon County:** Andrew Storey, [Andrew.Storey@couleecap.org](mailto:Andrew.Storey@couleecap.org) or 608-455-6159  
Motel vouchers, security deposit, first month's rent, and eviction prevention assistance

## Social Security Outreach, Access, and Recovery



Couleecap provides assistance in applying and navigating the application process for Social Security Disability benefits. Eligible persons are individuals who are homeless and have a diagnosed mental illness.

**La Crosse County:** Tina Tryggestad, [Tina.Tryggestad@couleecap.org](mailto:Tina.Tryggestad@couleecap.org) or 608-796-2725

## Rental Properties Crawford County



**Kickapoo Ridge/Crooked River Townhomes** – 2 and 3 bedroom townhomes in Gays Mills for low-income and market-rate households.

Contact Mia Silas, [Mia.Silas@couleecap.org](mailto:Mia.Silas@couleecap.org) or 608-632-6122

## Rental Properties La Crosse County



**8<sup>th</sup> Street Apartments** – 2 bedroom apartments in City of La Crosse for low-income households.

Contact Mia Silas, [Mia.Silas@couleecap.org](mailto:Mia.Silas@couleecap.org) or 608-632-6122

**Rockland Duplexes** – 3 bedroom duplexes in Rockland for low-income households.

Contact Mia Silas, [Mia.Silas@couleecap.org](mailto:Mia.Silas@couleecap.org) or 608-632-6122

**Units in City of La Crosse** – 1 and 2 bedroom apartments in City of La Crosse for low-income households.

Contact Mia Silas, [Mia.Silas@couleecap.org](mailto:Mia.Silas@couleecap.org) or 608-632-6122

## Rental Properties Vernon County



**Hillcrest Manor Apartments** – 1 bedroom apartments in Ontario for low-income, elderly households.

Contact Horizon Management Group, Inc., [apartments@hmgapt.com](mailto:apartments@hmgapt.com) or 608-337-4735

**Oak Street** – 2 bedroom units in Viroqua for low-income households.

Contact Mia Silas, [Mia.Silas@couleecap.org](mailto:Mia.Silas@couleecap.org) or 608-632-6122

## Energy Efficiency



### **Weatherization Program**

If you qualify for Energy Assistance through your county you may qualify for the Weatherization Assistance Program. The program helps individuals or families improve the energy efficiency of their residences. Weatherization can be done for homeowners or renters. Common services include insulating attics and sidewalls, air-sealing the structure, furnace inspections, and energy conservation measures such as lighting and refrigerator replacement. Work is done at no cost for qualifying households.

**All Counties:** Joleen Sorenson, [Joleen.Sorenson@couleecap.org](mailto:Joleen.Sorenson@couleecap.org) or 608-352-9717

## Wisconsin Help for Homeowners Program



Wisconsin Help for Homeowners (WHH) program offers financial assistance to eligible homeowners who have fallen behind on their mortgage or other housing-related costs due to financial hardship caused by the Covid-19 pandemic. **Applications will be accepted until program funds are expended.**

**All Counties:** More information and the application can be found at [couleecap.org/help-for-homeowners.html](https://couleecap.org/help-for-homeowners.html)  
If you have any additional questions or need help completing the application, please contact Couleecap at 1-844-260-7709.

### Homeownership



#### **Homebuyer Counseling**

Provides homebuyer counseling to individuals planning to purchase a home. No income restrictions. Couleecap is a HUD certified counseling agency. Fees may apply depending on income.

**All Counties:** Contact [homeownership@couleecap.org](mailto:homeownership@couleecap.org) or 608-769-2315

#### **Homeownership Programs**

Helps income-eligible homebuyers purchase their first home, with down payment and closing cost assistance available.

**All Counties:** Contact [homeownership@couleecap.org](mailto:homeownership@couleecap.org) or 608-769-5756

### Home Rehabilitation



Helps low and moderate income homeowners rehabilitate their home.

**All Counties:** Contact [homerepairs@couleecap.org](mailto:homerepairs@couleecap.org) or 608-796-9062

### Business Start-up & Development



#### **Job & Business Development**

Technical assistance to business start-ups and entrepreneurs. Help is available for developing business plans.

**All Counties:** Alex Rodriguez, [Alex.Rodriguez@couleecap.org](mailto:Alex.Rodriguez@couleecap.org) or 608-304-7978

Crystal Noble, [Crystal.Noble@couleecap.org](mailto:Crystal.Noble@couleecap.org) or 608-461-9675

### Employment & Training



#### **Skills Enhancement Program**

Increases family earned income and benefits by assisting with the training needs of low-income workers. Provides support and financial assistance for tuition, childcare, and transportation expenses related to returning to school.

**All Counties:** Krista Heinz, [Krista.Heinz@couleecap.org](mailto:Krista.Heinz@couleecap.org) or 608-423-6624

### Med Skillz



#### **Med Skillz Program**

Provides financial assistance to individuals completing their degree in the medical field. Med Skillz provides financial assistance that pays towards tuition, books, class fees, uniform or equipment costs, child care, and transportation expenses related to returning to school.

**All Counties:** Jody Jack-Tranberg, [Jody.Jack-Tranberg@couleecap.org](mailto:Jody.Jack-Tranberg@couleecap.org) or 608-447-0507

### Transportation



#### **Work-N-Wheels Program**

Provides zero interest auto loans and repair loans to qualified low-income households. Participants must be currently employed and need a personal vehicle to get to and from their place of employment. Participants must agree to participate in Wisconsin Rideshare when possible.

**All Counties:** Krista Heinz, [Krista.Heinz@couleecap.org](mailto:Krista.Heinz@couleecap.org) or 608-423-6624

### Food and Clothing



#### **Emergency Food Pantry**

Provides food to residents with an emergency need and who qualify within income guidelines.

**Crawford County:** Jann Sturmer, [Jann.Sturmer@couleecap.org](mailto:Jann.Sturmer@couleecap.org) or 608-326-2463

**Monroe County:** Theresa Rogalla, [Theresa.Rogalla@couleecap.org](mailto:Theresa.Rogalla@couleecap.org) or 608-424-4187

**Bargain Boutique** – Thrift store in Prairie du Chien that allows individuals to buy quality and affordable donated items. Items provided in an emergency situation.

**Crawford County:** Jann Sturmer, [Jann.Sturmer@couleecap.org](mailto:Jann.Sturmer@couleecap.org) or 608-326-2463

*Couleecap is an equal opportunity employer and service provider.*

*Auxiliary aids and services are available upon request.*

*Couleecap is a United Way member agency.*

