### Benefits of Receiving Help

Caring for someone with Alzheimer's disease or irreversible dementia impacts every aspect of daily life. Preparing and protecting yourself, working to understand your loved one's experience and accepting help from others can help minimize the hazards and enhance the joys of your caregiving experience. All who give care must also receive care.





Aging and Disability Resource Center of Monroe County 315 W. Oak St., Suite A Sparta, WI 54656 608-269-8690 or 888-339-7854

We can also provide you with information about Alzheimer's Disease and other services which you may find helpful.

Alzheimer's
Family
Caregiver
Support
Program



The Alzheimer's Family

Caregiver Support Program

Providing Help for Caregivers

#### What is AFCSP?

The Alzheimer's Family Caregiver Support Program (AFCSP) was created in response to the stress and needs of families caring for someone with Alzheimer's Disease or other irreversible dementia. The purpose of AFCSP is to make an array of community services available to these families in hopes of enhancing lives and keeping people in their homes as long as possible.

# Who is eligible?

To be eligible, the person must meet three criteria:

- Diagnosis of Alzheimer's disease
   or a related dementia
- 2. Reside in a home setting (not a facility)
- 3. \$48,000 max gross income of person and spouse (cost related to the individual can be deducted).

#### What does the program pay for?

Typical goods and services include:

- Respite Care or home care services (personal care assistance, meal prep, homemaker services, yard work and snow removal, etc.
- Transportation Expenses
- Home-delivered meals
- Home safety modifications (special locks or alarms on doors to prevent wandering).
- Activity or hobby supplies
- Lifeline
- Books and other resources to help the caregiver learn more about the disease.
- Other needed services to help



## How do you apply for funding?

- I. You will need a diagnosis of Alzheimer's Disease or other irreversible dementia from your doctor.
- 2. Contact the ADRC of Monroe County at 608-269-8690 or 888-339-74854 to schedule an appointment for a Social Worker to come to your home to complete an assessment of needs. The Social Worker will assist with filling out the necessary paperwork to verify eligibility. You will need to provide all wages, pensions, Social Security, and interest. There is no limit on other assets such as money in savings accounts or value of the home or personal possession.
- 3. If the county's AFCSP funding has been spent already, your name will be put on a waiting list. You will be notified when money becomes available.